

WHAT IS THE GOOD FOOD BOX?

It is a collective bulk buying of fresh fruits and vegetables.

WHO CAN PARTICIPATE?

Everyone who is interested in getting good food for good value.

HOW DOES IT WORK?

Payment is collected in advance and produce is purchased in bulk. Volunteers sort and pack the boxes for distribution

WHAT IS THE BENEFIT?

Save up to half off the retail value of the produce!! The greater the number of participants results in greater buying power and more value for your money!

WHAT DOES IT COST?

\$15.00 per month.

Family subsidy is AVAILABLE

Markdale Good Food Box is provided by Markdale Agriculture Society, The Canadian Mental Health Association Grey Bruce, Annesley United Church and many community volunteers

ANNESLEY UNITED
CHURCH
MARKDALE

82 TORONTO ST. S.
MARKDALE

CO-ORDINATOR KATE
RUSSELL – Markdale
Agriculture Society



*To order drop in to
The Coach house at
55 Victoria Street
or call 519-986-7491*

*To Volunteer call
DIANNE PORTER
519-986-7491*



Canadian Mental
Health Association
Grey Bruce

THE GOOD FOOD BOX



MARKDALE SITE

**CALL FOR MORE
INFORMATION**

519-986-7491



**DO YOU LIKE TO SAVE
MONEY?**

**DO YOU LIKE FRESH
FRUITS AND
VEGETABLES?**

If yes.....

then we have the program for you.

A collective food buying program
which will save you money and
encourages healthy eating.

You pre-pay for your box (\$15.00)
by the 3rd Monday of the month, the
food arrives on the 4th Tuesday of the
month. Bring some shopping bags and
pick it up ready to go.

WHY IS THE BOX SO CHEAP?

The food is purchased in bulk by a
wholesaler.

This is where the savings come in, the
more people who are in the collective
the better the purchasing power, and
the more variety available.

This program is available to anyone
interested in fresh produce for a great
price.

Pick Up Dates

September 2014

Tuesday, 23rd

October 2014

Tuesday, 28th

November 2014

Tuesday, 25th

December 2014

Tuesday, 23rd ?

January 2015

Tuesday, 27th

February 2015

Tuesday, 24th

March 2015

Tuesday, 24th

April 2015

Tuesday, 28th

May 2015

Tuesday, 26th

June 2015

Tuesday, 23rd

July 2015

Tuesday, 28th ?

August 2015

Tuesday, 25th ?

***You can pay for your
order on 4th Tuesday
when you pick up**

**11am -2 pm at
Annesley United
Church ~**

**PICK UP is always
the FOURTH TUESDAY**

unless ??????

BETWEEN

11:00 a.m. – 2:00 p.m.

**Please be on time as we cannot
store unclaimed food boxes**

PICK UP LOCATION IS AT:

**ANNESLEY UNITED CHURCH
82 TORONTO ST. S. MARKDALE
(2 BLOCKS S. OF LIGHTS)**